

## 2020 COMPETITIONS

### Competitions Open to Beginners and Experienced RaceRunning Athletes

- *classification is not a requirement of entry.*

#### **National Events:**

Jun 10 <sup>th</sup> , Wed	Scottish Disability Sport Junior Championships, Grangemouth
Jun 14 <sup>th</sup> , Sun	Red Star Championships; Crownpoint
Jul 5 <sup>th</sup> , Sun	Forth Valley Flyers Championships; Grangemouth
Sep 12 <sup>th</sup> , Sat	Perth Strathtay Disability Championships, Perth
Sep 16 <sup>th</sup> , Wed	Scottish Disability Sport Senior Championships, Grangemouth

#### **Regional Events:**

- *open to individuals residing in relevant region.*

Apr 30 <sup>th</sup> , Thu	West of Scotland Quadathlon; Crownpoint
May 6 <sup>th</sup> , Wed	Tayside Disability Sport; Perth or Dundee
May 6 <sup>th</sup> , Wed	Forth Valley Disability Sport; Grangemouth
May 7 <sup>th</sup> , Thu	Lothian Disability Sport; Meadowmill
Jun 3 <sup>rd</sup> , Wed	Disability Sport Fife; Pitreavie
TBC	Forth Valley Flyers & Central AC Championships; Grangemouth

#### **Club Events:**

- *contact your local athletics club for open club events.*

#### **International:**

July 5 <sup>th</sup> -12 <sup>th</sup>	RaceRunning Development Camp & CPISRA International Cup 2020; Copenhagen, Denmark
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## Competitions Open to Performance RaceRunning Athletes

- *all the above competitions.*
- *below competitions require national or international classification.*
- *contact Scottish Athletics Disability Officer prior to entry.*

May 29 <sup>th</sup> -30 <sup>th</sup>	North District Championships, Inverness
May 30 <sup>th</sup> -31 <sup>st</sup>	East District Championships, Grangemouth
May 30 <sup>th</sup> -31 <sup>st</sup>	West District Championships, Kilmarnock
Jul 11 <sup>th</sup> -12 <sup>th</sup>	Combined Events Championships, Scotstoun

There are a number of additional open graded events, contact *Scottish Athletics Disability Officer* to discuss possibilities.

### **England**

#### CP Sport England Athletics Series 2020

Apr 4 <sup>th</sup>	Surrey & Hants Disability County Championships; Kinston upon Thames
Jun 7 <sup>th</sup>	Newham Open & Parallel Success 1; TBC
Jun 13 <sup>th</sup> -14 <sup>th</sup>	BWAA Grand Prix; Stoke Mandeville
Jul 4 <sup>th</sup> -5 <sup>th</sup>	Activity Alliance National Junior Championships, Coventry
Jul 11 <sup>th</sup>	Newham Open & Parallel Success 2; TBC
Aug 15 <sup>th</sup>	CP Sport Athletics Series Event, Doncaster
Sep 13 <sup>th</sup>	CP Sport National Athletics Championships, Stoke Mandeville

There are a number of additional open graded events listed on British Athletics Parallel Success – Fixtures 2020, refer

<https://www.uka.org.uk/performance/paralympic-performance-pathway/ps-competitions/>

### **International**

- refer <https://www.paralympic.org/athletics/grand-prix-2020> list of World Para Athletics Grand Prix events for 2020