

Aberdeen Sports Village (ASV) – Fridays 5-6pm - 8 years +

Contact Anna Forsyth/Rebecca Ripley, anna.f@aberdeensportsvillage.com / rebecca.r@aberdeensportsvillage.com

ACE RaceRunning (Ayr) – Mon 6 – 7pm (Mar-Oct)

Contact Margaret Drysdale, 07531 061 307, info@acerr.org

www.acerr.org

Dumfries & Galloway Physical Athletics Club (Dumfries) – Wed/Fri 6 – 7.30pm

Contact Russell Watson, 01576 470 633 or Anne Watson, 07795 198 574

Forth Valley Flyers (Grangemouth) – Tue 5.30 – 7pm

Contact Ann Finlayson, forthvalleyflyers@btinternet.com

www.fvds.org.uk

High Life Highland (Inverness)

Contact Fiona Green, 07557 744 447, fiona.green@highlifehighland.com

Highland Cycle Ability Centre (near Inverness)

Contact highlandcycleabilitycentre@yahoo.co.uk

www.highlandcycleabilitycentre.com

Kilmarnock Harrier & Athletic Club (Kilmarnock)- Wed 6 – 7pm

Contact Steven Mair, 07816 592 184, steviemair91@gmail.com

Meadowmill Sports Centre, (Tranent, Edinburgh) Mon 6 – 7pm

Contact Lynda Gilroy, lgilroy1@enjoyleisure.com

Perth Strathtay Harriers (Perth)- Tue 6 – 7pm

Contact Jim Hunter, j_m_hunter@btinternet.com

Pitreavie Athletics Club (Dunfermline) – Mon 4.45 – 5.45pm

Contact race.running.pitreavie@gmail.com facebook: Pitreavie RaceRunning Group

Red Star Athletics Club (Crownpoint - East Glasgow)- Mon/Thu 7 – 8pm (own bike)

Contact Laura Gebbie, laura.gebbie@sky.com

Shetland

Contact Donna Murray, donna.murray2@shetland.gov.uk

Victoria Park City Of Glasgow AC (Scotstoun - West Glasgow – Wed 6 – 7pm)

Contact Gordon Innes, 07983 360 804, gordon@vp-glasgow.com

Please contact Margaret Drysdale at ACE RaceRunning to get more information about activities near where you live.