

Disability Coaching - RaceRunning

***Postponed due to Coronavirus and will be
rescheduled to later this year.***

Sunday 29th March, 2020

10am - 3pm

**Pitreavie Athletics Centre, Queensferry Road,
Dunfermline KY11 8PP**

Cost £50: payable to RaceRunning Scotland

For more information and to register:

Please contact Gavin Drysdale, info@acerr.org



This workshop is designed to give participants knowledge of RaceRunning, athlete training and running bikes.

It will help you to identify potential athletes, how to deliver athlete training and understand how to adjust bikes.

The workshop is conducted in a classroom in a practical manner with participants also having the chance to see and speak with athletes.

Who for:

Coaches and volunteers who are interested in/already working with RaceRunning athletes. 16+ years

Prerequisite:

No prior qualification or experience needed.

Includes: Hand out on coaching techniques and bike set up
Scottish Athletics Certificate of Attendance
Tea & Coffee

Please bring your own lunch.