

Aberdeen Sports Village (ASV) – Fridays 6-7pm ASV and Tuesdays 5-6pm GSC

Contact Ruth Watson, pathways@aberdeenaac.co.uk, 07702 702550

ACE RaceRunning (Ayr) – Mon 6 – 7pm (Mar-Oct)

Contact Margaret Drysdale, 07531 061 307, info@acerr.org

www.acerr.org

Dumfries & Galloway Physical Athletics Club (Dumfries) – Wed/Fri 6 – 7.30pm

Contact Russell Watson, 01576 470 633 or Anne Watson, 07795 198 574

East Lothian, Meadowmill Sports Centre, (Tranent, Edinburgh) Wed 4 – 5pm

Contact Juliet Gold, jgold@enjoyleisure.com

Forth Valley Flyers (Grangemouth) – Tue 5.30 – 7pm

Contact Graham Harvey, graham.harvey@fvds.org.uk

www.fvds.org.uk

High Life Highland (Inverness)

Contact Fiona Green, 07557 744 447, fiona.green@highlifehighland.com

Highland Cycle Ability Centre (near Inverness)

Contact highlandcycleabilitycentre@yahoo.co.uk

www.highlandcycleabilitycentre.com

Inspire Girvan & South Carrick

Contact Kayleigh Haggio, Kayleigh.haggio@south-ayrshire.gov.uk

Perth Strathtay Harriers (Perth)- Tue 6 – 7pm

Contact Jim Hunter, info@strathtayharriers.co.uk

Pitreavie Athletics Club (Dunfermline) – Mon 4.45 – 5.45pm

Contact Pierette Melville, melvillepierette@gmail.com

Facebook: Pitreavie RaceRunning Group

Red Star Athletics Club (Crownpoint - East Glasgow)- Mon/Thu 7 – 8pm (own frame)

Contact Laura Gebbie, laura.gebbie@sky.com

Shetland

Contact Donna Murray, donna.murray2@shetland.gov.uk

Victoria Park City Of Glasgow AC (Scotstoun - West Glasgow – Wed 6 – 7pm)

Contact Gordon Innes, 07983 360 804, gordon@vp-glasgow.com

Please contact Margaret Drysdale at ACE RaceRunning to get more information about activities near where you live.